When you are not well, They say you are me; 'Though it's just a cold, It's bedtime for thee.

What am I? .....

I'm what you're doing, Just perched in that chair; I rhyme with knitting, And not with beware.

What am I? .....

If you count to ten, Then, I come after five; I end with an X, This riddle you'll survive.

What am I? .....